

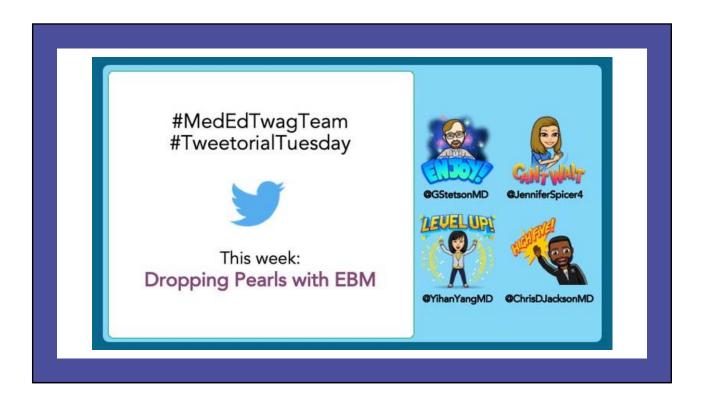
	Summative Evaluation	Please chec	k off each asse		ne appropriate	level as
		Incompetent	Below Expectations	observed. Meets Expectations	Exceeds Expectations	Not Observe
	t Care: Provides safe patient care that incorporates sound clinical judgement, a sch. (EPAs 1,6,8)	pplied medica	l knowledge v	vhile using a p	atient-centere	d
	Gathers accurate data related to the patient encounter from the history, physical exam, and interpretation of common diagnostic & screening tests (1,3)					
	Develops a differential diagnosis appropriate to the context of the patient setting and findings (2)					
Skills	Provides a complete, relevant oral patient presentation/summary to attending (6)					
	Performs essential clinical procedures (12)					
	Discusses/enters relevant patient orders/prescriptions(4)					

Practio	ed-Based Learning and Improvement: Demonstrate ability to articulate and	apply evidence	d-based medic	ine principles	and practices	to provide
effecti	ve patient-centered medical care.					
Skills	Critically evaluate medical information and its sources and apply appropriately to decisions relating to patient care (7)					
	Apply systemic methods to improve population health. (13)					
	al Knowledge: Demonstrate the understanding and application of foundation t-centered care.	al biomedical a	nd clinical scie	nces integral t	to the practice	of
	Davidan a uniquitical differential diagnosis and select a welling diagnosis					
	Develop a prioritized differential diagnosis and select a working diagnosis following a patient encounter (2)					
Shiller						
Skills:	following a patient encounter (2)					

Systen	n-Based Practice: Demonstrates knowledge of larger systems of context of he	alth care and i	dentifies syste	m resources t	o maximize the	health of
the inc	dividual and the community or population at large; Demonstrates knowledge of	of how differen	nt delivery sys	tems influence	the utilization	of
resour	rces and access to care; demonstrates understanding of variant health delivery	systems and t	heir effect on	the practice o	f a physician ar	nd the
health	care of patients. (EPAs 13)					
	Ability to implement patient centered systems of care in a team orientated					
Skills	environment to advance patients' health. (7,9)					
SKIIIS	Identify and utilize effective strategies for assessing patients (1)					
Interp	Lersonal and Communication Skills: Demonstrate the knowledge, behaviors, a	nd attitudes th	at facilitate a	ccurate and eff	icient informat	tion
	I bersonal and Communication Skills: Demonstrate the knowledge, behaviors, a ring, Empathetic rapport building, and effective information giving in all patier					
gather	,	t care interact	ions. This incl	udes interactio	ns with the pa	
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gather	ring, Empathetic rapport building, and effective information giving in all patien it's family and caregivers, physician colleagues, and other members of the inte Establish and maintain the physician-patient relationship. Conduct a patient-centered interview (1)	t care interact rprofessional c	ions. This incl	udes interactio	ns with the pa	
gather patien	ring, Empathetic rapport building, and effective information giving in all patien it's family and caregivers, physician colleagues, and other members of the intellestablish and maintain the physician-patient relationship. Conduct a patient-centered interview (1) Forms a patient-centered, interprofessional, evidenced-based management plan which includes health promotion and disease prevention	t care interact rprofessional c	ions. This incl	udes interactio	ns with the pa	
gather patien	ring, Empathetic rapport building, and effective information giving in all patient's family and caregivers, physician colleagues, and other members of the integrated by the i	t care interact rprofessional c	ions. This incl	udes interactio	ns with the pa	
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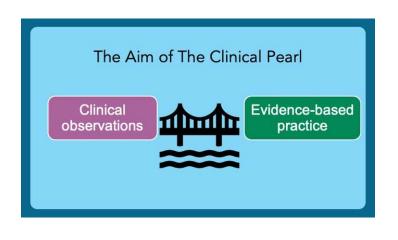
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	sionalism: Demonstrate humanistic behavior; responsiveness to the needs of t is, society, and profession; awareness and proper attention to the issues withi				accountability to			
patient	s, society, and profession, awareness and proper accordion to the issues with	in cultural dive	1514, (21 75 2).	,,15,				
	Exhibits respect, compassion, probity honesty, and trustworthiness							
	Demonstrates commitment to continuous learning							
Skills	Applies ethical principles in the practice of medicine and confidentiality of patient information (13)							
	Contributes to a culture of safety and improvement (13)							
	pathic Principles and Practice: Demonstrate knowledge of osteopathic principle	les and practio	e, demonstrat	e and apply k	nowledge of somatic			
dysfun	sfunction diagnosis and Osteopathic Manipulative Treatment							
	Use the relationship between structure and function to promote health							
	Use OPP to perform competent physical, neurologic, and structural examinations (1)							
Skills	Perform or recommend OMT as part of the treatment plan (3, 12)							
	Effectively communicate and document treatment details. (5, 8)							
	Discuss informed consent for OPP treatment (11)							

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	Discuss informed consent for OPP treatment (11)					
	Overall Grade		Incompet	ent (<70%)		\top
	Please assign a number grade.			itions (70-79%)		%
	For example: Below expectations but not failing - 75%			itions (80-89%)		
	Exceeding expectations - 98%			ations (90-100%)		
	For the Overall Grade, please follow the competancy scale above in contex Student's level of trainin		ected level of p	erformance ba	sed on the	
	Preceptor Signature:					
	Student Name:					
	Rotation:					



THE AIM OF A CLINICAL PEARL

- The clinical pearl bridges our learner's clinical observations and their developing evidencebased practice.
- Our learners are often navigating so much clinical data that a well-timed and wellcrafted pearl can help them navigate challenging dx & mgmt scenarios



CLINICAL PEARLS

- What is a clinical pearl?
- Some say there are 4 diagnostic criteria for ε "clinical pearl."
- This has been examined before (PMID 18821165), but is not standardized.

> Med Teach. 2008;30(9-10):870-4. doi: 10.1080/01421590802144286.

What is a clinical pearl and what is its role in medical education?

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Affiliations + expand

PMID: 18821165 DOI: 10.1080/01421590802144286

Abstract

Background: Despite the advent of evidence-based medicine, clinical pearls, verbal and published, remain a popular and important part of medical education.

Aims. The purpose of this study was to establish a definition of a clinical pearl and to determine criteria for an educationally sound clinical pearl.

Methods: The authors searched the Medline database for material dealing with clinical pearls, examined and discussed the information found, and formulated a consensus opinion regarding the definition and criteria.

Results: Clinical pearls are best defined as small bits of free standing, clinically relevant information based on experience or observation. They are part of the vast domain of experience-based medicine, and can be helpful in dealing with clinical problems for which controlled data do not exist.

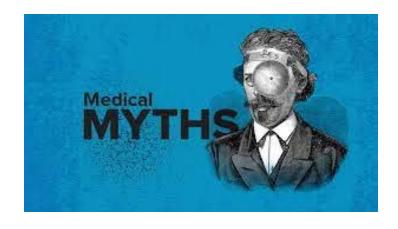
Conclusions: While there are no universally accepted criteria for preparing or evaluating a clinical pearl, we propose some rational guidelines for both.

Similar articles

What is feedback in clinical education?

MEDICAL MYTHS

- It should be true. This should go without saying, but we should stop perpetuating untruths.
- Ex: "Bronchiolitis peaks on day 4 of illness" is not a pearl; there is no evidence for and actually some evidence against this statement (PMID 33093138)



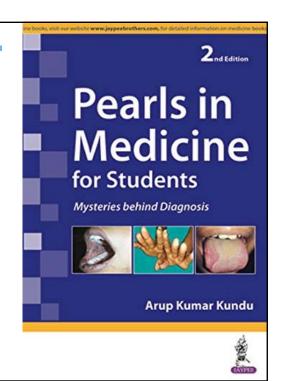
CLINICAL PEARL OR TRIVIA



- It should be clinical.
- The whole point of teaching a pearl is for it to be actionable.
- Ex: "George Washington died of epiglottitis," while interesting, does not affect patient care today; it should therefore be classified more as "trivia"

IS THIS REALLY A PEARL

- It should be little-known. "Pearl" implies that it is rare; if most attendings know it, it's not a pearl.
- Similarly, if it's on the boards, it's not a pearl.
- Ex: "Minocycline can cause lupus" is not a pearl; this is on the IM boards, and clinicians should know it
- So what are some examples of clinical pearls?
- An example could be: "The most useful physical exam finding for Cushing syndrome is thin skin on the middle finger, with a +LR of 116



CLINICAL PEARLS

- It should be short. "Pearl" being a small object implies that it is a bite-sized morsel.
- Otherwise it is a lecture, chalk-talk, or framework.
- Ex: The "triangle of dyspnea" is not a pearl, it is a framework.
- Prime your learners to use pearls with caution. Pearls should be used in specific contexts and they do not replace your clinical judgment.
- Much like a stethoscope, a clinical pearl is only as useful as the clinician applying it to a patient scenario.



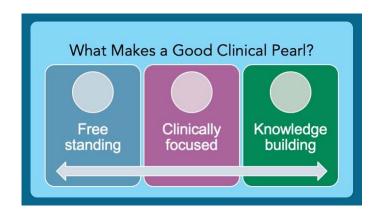
CLINICAL PEARL "CONTEXT" MATTERS

- Context is everything.
- For each of the pearls above, they do have merit in specific clinical situations.
- Providing learners the appropriate context for the pearl allows them to incorporate these observations in their developing illness and management scripts for diagnoses.

Clinical Pearl	Context
A stroke ain't a stroke until you get 50 of D50	For sudden or acute neurologic deficits, look for hypoglycemia as an important diagnostic mimic.
The hand that gives the pain meds either gives the bowel regimen or disimpacts the patient	Opioids can cause constipation in hospitalized patients, especially in those receiving multiple doses a day
Only thing an ESR tells you is that the lab is open	ESR have specific clinical situations where they are helpful (e.g. vasculitis). Otherwise, elevations of ESR may not provide much diagnostic value.

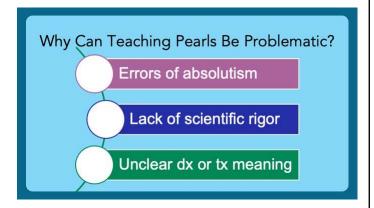
WHAT MAKES A GOOD CLINICAL PEARL

- Clinical pearls have 3 important qualities. They convey a key easily understood clinical point.
- This information could inform dx, mgmt, or both.
- Most important, they should build the knowledge of the receiver, pointing out what is not already known.



WHY CAN TEACHING PEARLS BE PROBLEMATIC

- The teaching of clinical pearls is not perfect Presenting teaching points with qualifiers of ALWAYS or NEVER can misrepresent the reality of clinical practice.
- Some pearls don't withstand scientific rigor. Lastly, pearls with no clear point can confuse learners.



CLINICAL PEARLS

- How do we reclaim the pithiness of the clinical pearl while keeping it scientifically sound and effective in teaching future generations of clinicians?
- Listed below are some of the clinical pearls repeated multiple times throughout my training.
- Over the next few slides, I'll share a framework and illustrate how to be more thoughtful in how we discuss pearls on rounds.

Clinical Pearls I Received During Training

- A stroke ain't a stroke until you get 50 of D50
- The hand that gives the pain meds either gives the bowel regimen or disimpacts the patient
- Only thing an ESR tells you is that the lab is open

HOW PEARLS IMPACT THE PATIENT SCENARIO

- After giving the pearl, it's important to have the learner operationalize its meaning.
- Most pearls have both a dx and tx implication.
- More important than the pearl is the learner's understanding of how it impacts the patient scenario in question.

Clinical Pearl	Diagnostic Meaning	Therapeutic Meaning
A stroke ain't a stroke until you get 50 of D50	Metabolic insults can cause focal neurologic signs	Correcting metabolic derangements (e.g. hypoglycemia) can resolve focal neurologic symptoms if no structural lesions
The hand that gives the pain meds either gives the bowel regimen or disimpacts the patient	Opioid-induced constipation can occur in those on high- dose opioids without bowel regimens	Disimpaction may be necessary for opioid- induced constipation if proper measures not taken
Only thing an ESR tells you is that the lab is open	Indiscriminate ESR testing rarely establishes the diagnosis	Not applicable here

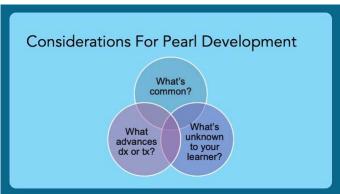
TRUST BUT VERIFY

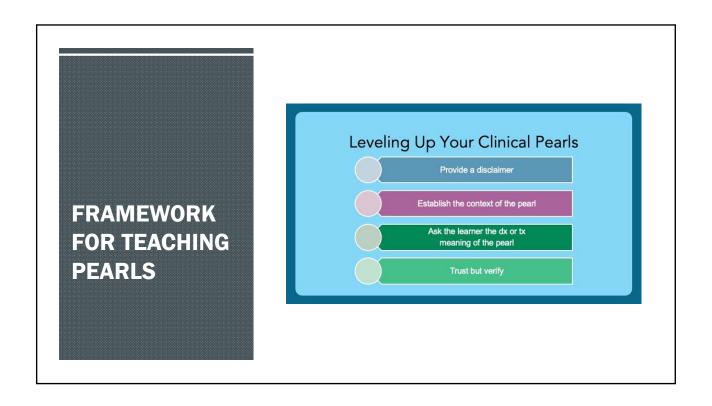
- Pearls are not eternal. I encourage and model confirming pearls in real-time.
- This confirmation can be searching MKSAP, UpToDate, or ACP Journal Club based on the nature of the pearl.
- I have the learner do it with me, or I ask them to search and report back the next day.

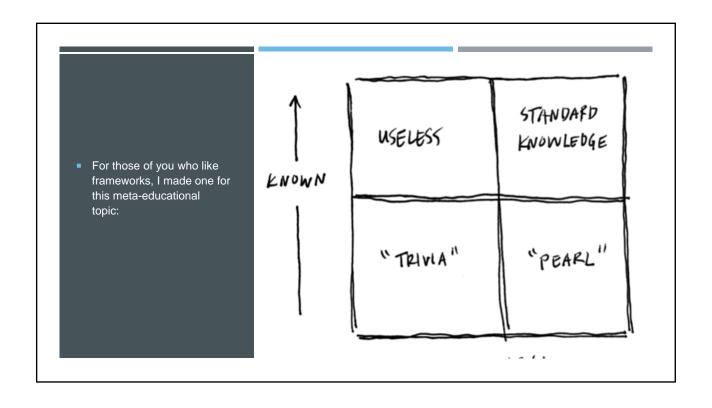


CONSIDERATIONS FOR PEARL DEVELOPMENT

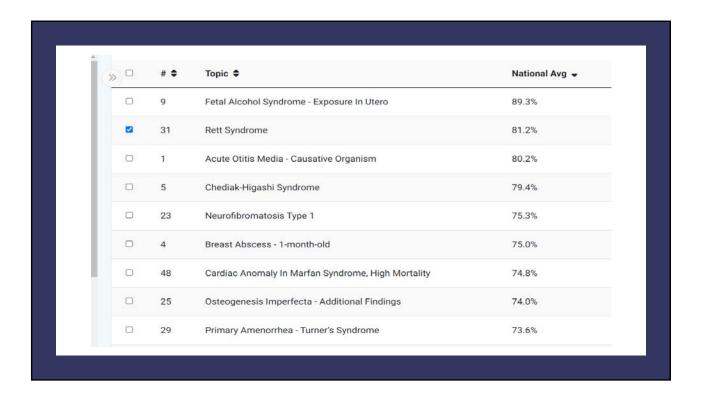
- Your clinical pearls need to serve a purpose to have the most impact.
- As I listen to a learner present a case, I try to think of the 3 questions below when I formulate a pearl.
- Grounding the pearl in one of these questions is the hook to engage your learner about a point.

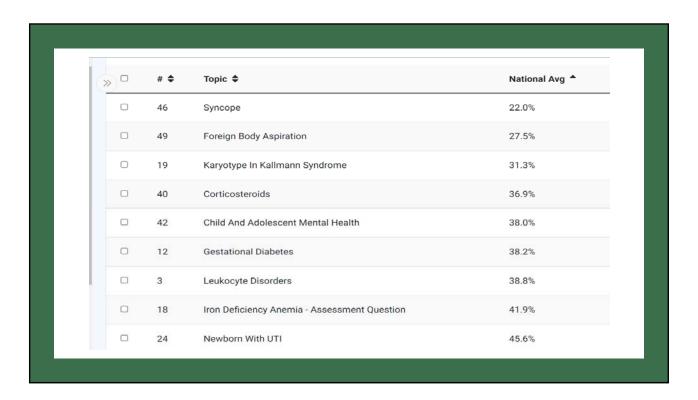


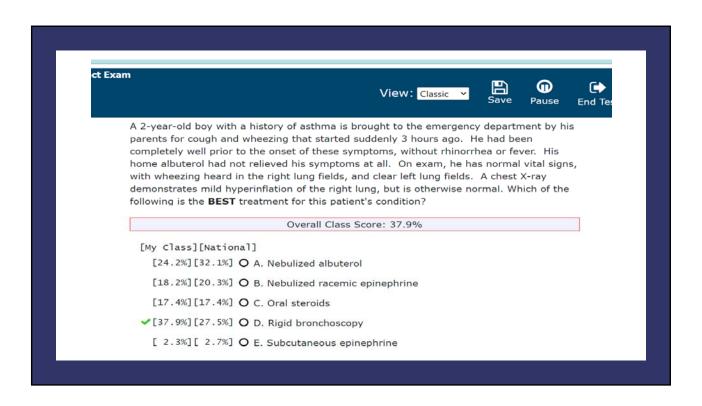












A couple brings in their baby boy for a routine visit. The baby smiles back at his parents. He also coos and is able to lift his head off the table when placed in the prone position. The age of this baby is most likely

Overall Class Score: 59.8%

[My Class][National]

[1.5%] [2.5%] **O** A. 10 months

✓[59.8%][52.3%] **O** B. 2 months

[26.5%] [34.5%] O C. 4 months

[9.1%] [9.0%] O D. 6 months

[3.0%][1.7%] **O** E. 8 months

The correct answer is: B

An 8-year-old female was recently admitted to the hospital for splenic sequestration secondary to sickle-cell anemia. She now presents to your outpatient clinic for a well child check. The patient is nervous about visiting the doctor again after her recent hospitalization, and her mother is hoping to make the visit as easy as possible. You inform them that the patient will need vaccinations at this visit, which surprises her mother, who thought the child was up to date on vaccines. Assuming the child is otherwise up to date, which of the following vaccines should she receive at this visit?

Overall Class Score: 65.2%

[My Class][National]

[6.1%] [10.4%] **O** A. DTaP vaccination

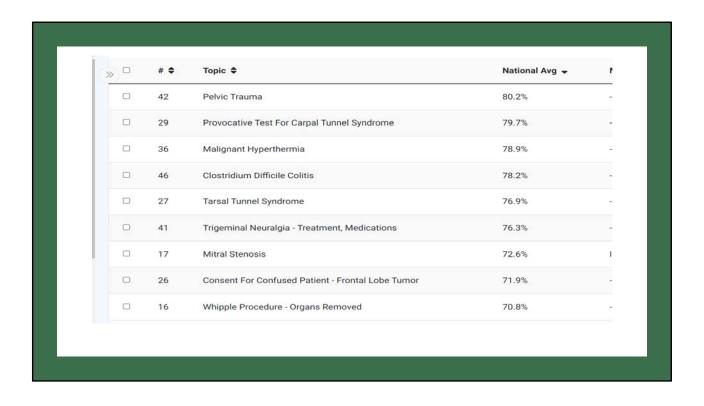
[11.4%] [9.3%] O B. Human papillomavirus vaccination

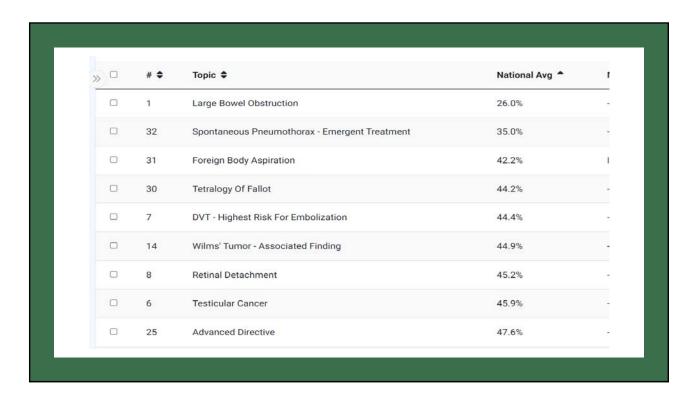
[3.0%][5.5%] O C. Measles, mumps and rubella vaccination

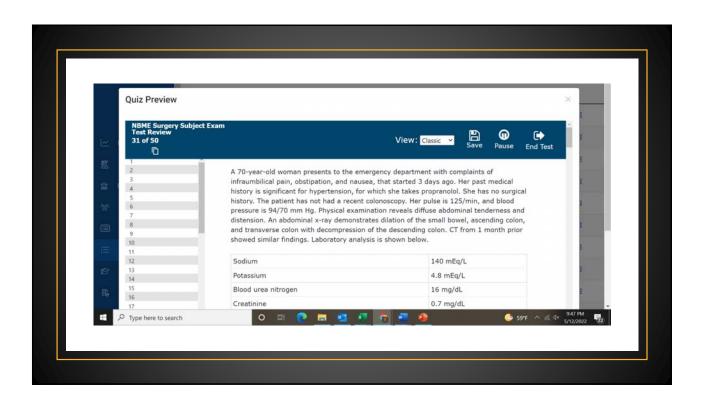
✓ [65.2%] [61.6%] O D. Meningococcal vaccination

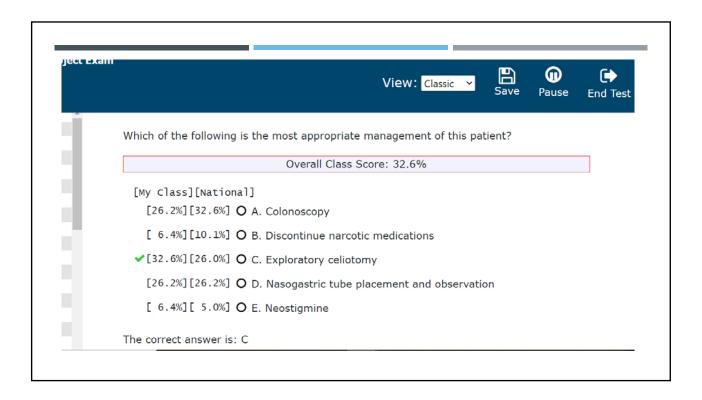
[13.6%] [13.2%] **O** E. Tdap vaccination

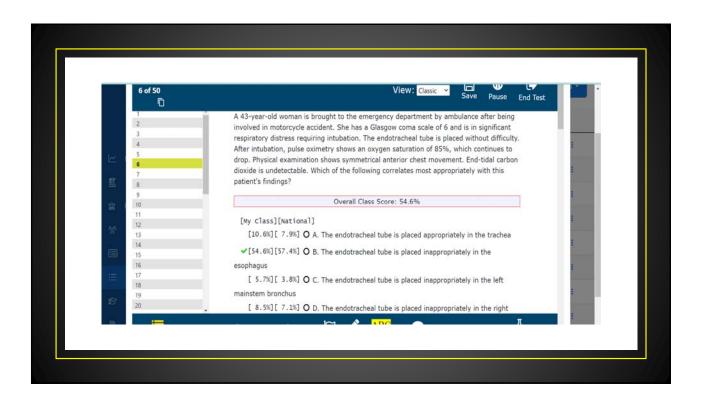




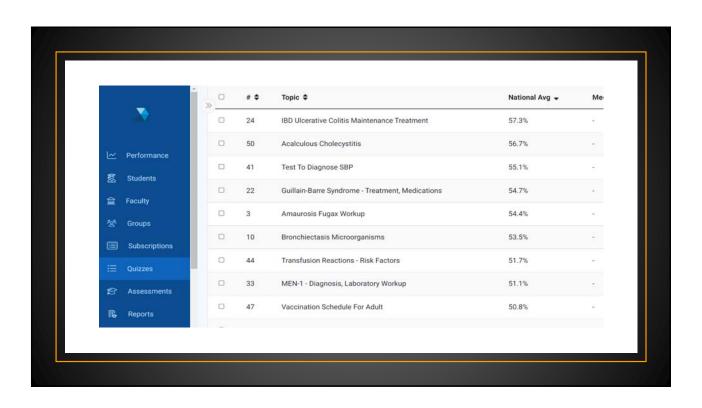












A 28-year-old woman presents to the clinic with complaints of intermittent epistaxis and gingival bleeding for the past 3 weeks. History reveals easy bruising over her lower extremities. Her temperature is 36.8°C (98.3°F), pulse is 70/min, respirations are 12/min, and blood pressure is 100/60 mm Hg. Physical examination reveals petechiae bilaterally over the pretibial area. Laboratory data reveals a platelet count of 22,000/µL. Prothrombin time and partial thromboplastin time are normal. A peripheral blood smear reveals a low number of large platelets. Which of the following is the most likely diagnosis?

Overall Class Score: 65.0%

[My Class][National]

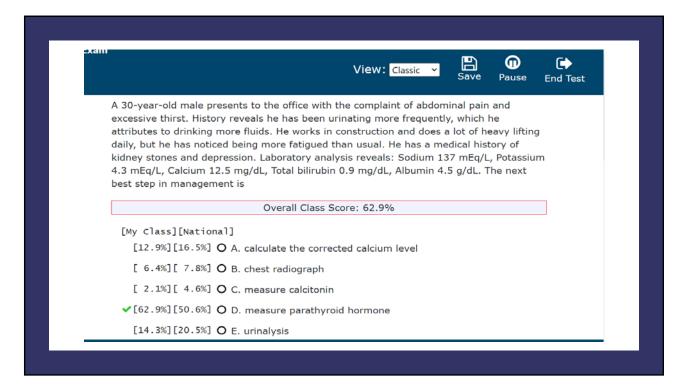
[5.0%] [6.7%] **O** A. Aplastic anemia

✓ [65.0%] [57.5%] O B. Immune thrombocytopenia purpura

[12.9%] [19.8%] **O** C. Thrombotic thrombocytopenic purpura

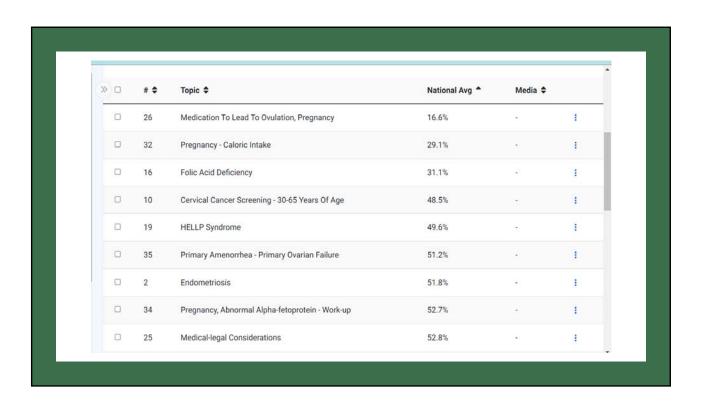
[12.1%] [12.2%] \boldsymbol{O} D. von Willebrand disease

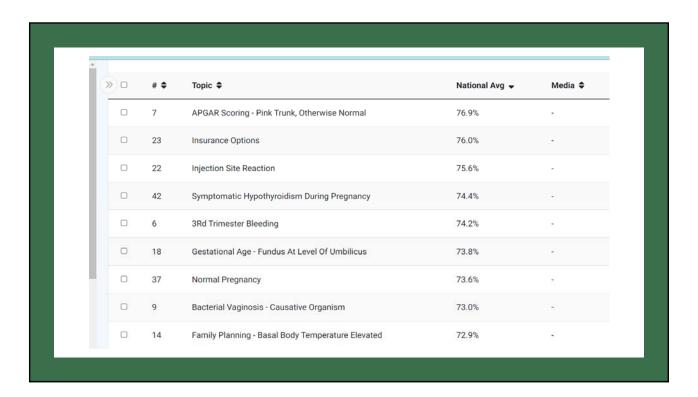
[3.6%] [3.8%] O E. Wiskott-Aldrich syndrome

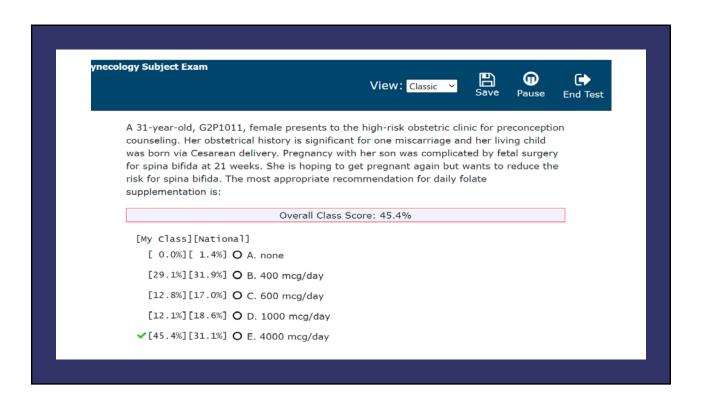


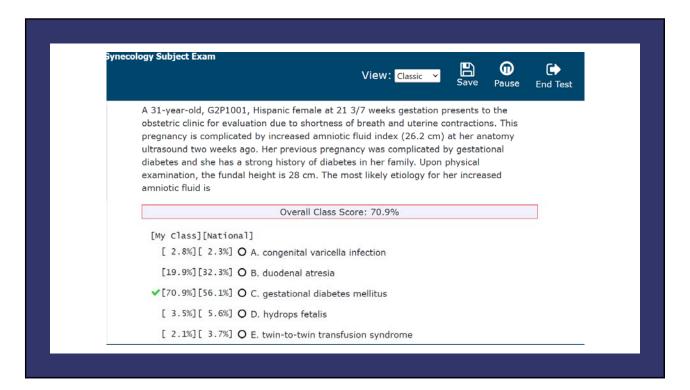
OBSTETRICS AND GYNECOLOGY

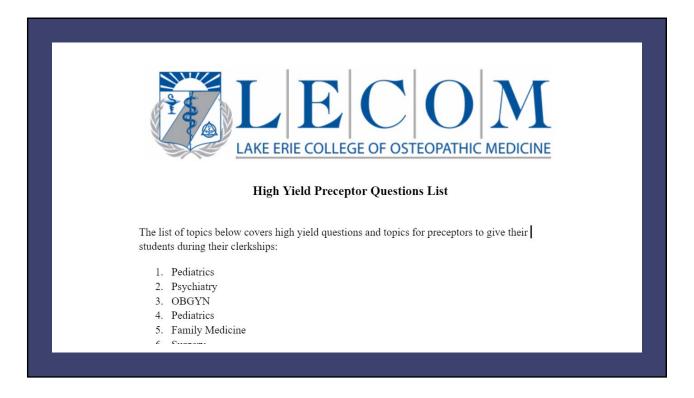
HIGH YIELD QUESTIONS











Pediatrics

- 1. What is the work-up and management of jaundice in a newborn?
- 2. What are the immunodeficiency syndromes?
- 3. What is symmetric versus asymmetric intrauterine growth restriction (IUGR)?
- 4. What are the orthopedic conditions seen in children and their management?
- 5. What are the common respiratory infections seen in children and their treatments?
- 6. What is the recommended immunization schedule for children?
- 7. What are the common dermatologic conditions seen in children?
- 8. What are the types of neurocutaneous syndromes and their associations?
- 9. What is transient tachypnea of the newborn (TTN), meconium aspiration, and respiratory distress syndrome (RDS), and how do we diagnose and treat them?
- 10. What are the common GI pathologies seen in children and how do we diagnose and treat them?
- 11. What are the typical developmental milestones?
- 12. How do we diagnose and manage asthma in a child?
- 13. What are the common renal pathologies seen in children and how do we diagnose and treat them?
- 14. What is the APGAR Test and what does it indicate?

Internal Medicine

- What are normal age-related changes in elderly patients regarding physiology and has this ever affected your management in any way?
- 2. What is the management for anaphylaxis?
- 3. What is the workup for the different types of anemia?
- 4. What is the management of depression? What are important things to consider when prescribing a certain antidepressant versus another?
- 5. What is the management of hemorrhagic and ischemic strokes?
- 6. What is the differential diagnosis for SJS and TEN (toxic epidermal necrolysis)?
- 7. What is the differential diagnosis for low back pain? When is getting an MRI the best next step in management?
- 8. What is the management of a myocardial infarction (STEMI vs NSTEMI)?
- 9. What is the treatment for a COPD exacerbation?
- 10. What is the best next step in a patient with hemorrhoids?
- 11. What is the best next step in an admitted patient with low urine output on postoperative day 2?
- 12. What is the best next step in a patient with menopausal symptoms? Is the workup age-dependent?
- 13. What is the workup for erectile dysfunction?
- 14. What is the diagnostic workup for a patient with suspected Cushing's syndrome?
- 15 What is the differential diaments in a national amounting with a fluid warrage

Surgery

- 1. What are the signs and symptoms of a transfusion reaction?
- 2. What infections are asplenic patients at risk for?
- 3. What are the causes for a post-op fever?
- 4. What is the most common cause of a post-op fever in the first 24 hours?
- 5. What is the management for an acute epidural hematoma?
- 6. What causes a subarachnoid hemorrhage? How is it diagnosed? How is it treated?
- 7. What is the most appropriate treatment for invasive cutaneous SCC?
- 8. What is the management of SCFE (slipped capital femoral epiphysis)?
- 9. What is the most commonly injured knee ligament and the most sensitive test to diagnose it?
- 10. What is the treatment for a type A aortic dissection and how is this different than a type B dissection?
- 11. What is the next step in the management of a patient who presents after an inhalation injury and has perioral burns on examination?
- 12. What are the 2 common causes of peptic ulcer disease?
- 13. What is the next step in a patient with gross hematuria after blunt trauma to the bladder?